

INDULGE YOUR SENSES -  
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REVIVE  
LEISURE CLUB & SPA



A woman with long brown hair is floating on her back in a swimming pool. She is wearing a red swimsuit. The water is a vibrant blue, and there are ripples and bubbles around her. The text 'PREPARE TO BE PAMPERED' is overlaid on the left side of the image in white, with a small horizontal line above the word 'PREPARE'.

**PREPARE**  
TO BE PAMPERED





—  
**BEAUTY**  
TREATMENTS

ELEMIS  
EXPERT™  
TOUCH  
FACIALS

Our globally renowned, hands-on facials treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. This is where intuition meets expertise.

\*Treatment time includes consultation.

ELEMIS EXPERT™ TOUCH  
NOURISH FACIAL

50 MINS  
FROM £80.00

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

ELEMIS EXPERT™ TOUCH  
REVEAL FACIAL

50 MINS  
FROM £80.00

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

ELEMIS EXPERT™ TOUCH  
RENEW FACIAL

50 MINS  
FROM £80.00

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques, complexion looks supremely hydrated, lifted and firm.

ELEMIS EXPERT™ TOUCH  
DEFINE FACIAL

75 MINS  
FROM £90.00

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin.

ELEMIS  
EXPERT™  
TECH  
FACIALS

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine works in combination with the therapist to turbo-charge your facial results.

\*Treatment time includes consultation.

ELEMIS EXPERT™ TECH  
RADIANCE + REVIVE FACIAL

50 MINS  
FROM £85.00

Glow Revive tired skin with our advanced Ultrasonic Peel, teamed with Oxygen Infusion to plump and Galvanic technology to nourish, leaving your skin rebalanced, nourished and radiant.

ELEMIS EXPERT™ TECH  
SMOOTH + POLISH FACIAL

50 MINS  
FROM £85.00

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, LED Light to re-energise and Galvanic technology to nourish, revealing bright, polished and smooth skin.

ELEMIS EXPERT™ TECH  
LIFT + REJUVENATE FACIAL

50 MINS  
FROM £85.00

Restore your skin's vitality with our targeted Microcurrent technology for the ultimate skin lift, Ultrasonic Peel to gently exfoliate, and Oxygen Infusion to plump. Skin will appear renewed, toned and lifted.

COURSE OF 3 X ELEMIS EXPERT™ TECH FACIALS	FROM £250.00
COURSE OF 6 X ELEMIS EXPERT™ TECH FACIALS	FROM £485.00
COURSE OF 10 X ELEMIS EXPERT™ TECH FACIALS	FROM £765.00

# ELEMIS EXPERT™ BODY TREATMENTS

## ELEMIS EXPERT™ DEEP TISSUE TENSION-EASE MASSAGE

**25 MINS**  
**FROM £55.00**  
**50 MINS**  
**FROM £90.00**

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed.

## ELEMIS EXPERT™ ABSOLUTE FACE + BODY RITUAL

**50 MINS**  
**FROM £100.00**  
**100 MINS**  
**FROM £170.00**

Immerse yourself in luxury with this tailored treatment.

**50MINS INCLUDES:**  
25 min Expert Touch Facial and 25 min Tension Ease Back Massage.

**100MINS INCLUDES:**  
50min Expert Touch Facial and 50 min Tension Ease Massage.

## ELEMIS EXPERT™ PEACEFUL PREGNANCY MASSAGE\*

**50 MINS**  
**FROM £80.00**

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby.

# REVIVE SIGNATURE TREATMENTS

## REVIVE SIGNATURE TREATMENT

**75 MINS**  
**FROM £90.00**

A tailored treatment designed to target areas of tension and leaves the body de-stressed and relaxed. Targeting the back, neck and shoulders followed by a foot and scalp massage.

## REVIVE BODY RITUAL

**75 MINS**  
**FROM £95.00**

Revive and refresh tired skin with this treatment designed to leave skin radiant and brightened. Featuring a full body exfoliation followed by a back neck shoulder massage.

## REVIVE SCALP MASSAGE

**25 MINS**  
**FROM £45.00**

Using a warm blend of oil to hydrate and nourish both hair and scalp. This is then followed by massage techniques to assist with releasing tension from the head, neck and décolleté area.

# REVIVE MASSAGE TREATMENTS

## TRANQUIL FULL BODY MASSAGE

**50 MINS**  
**FROM £85.00**

A full body tailored massage designed to restore balance and relax muscles, helping improve circulation; this massage will ease you into a tranquil state.

## RESTORING BACK NECK SHOULDER MASSAGE

**25 MINS**  
**FROM £50.00**

This massage is designed to specifically focus on problematic areas to release any tension from the back, neck and shoulder areas.

## WARMING BAMBOO MASSAGE\*

**50 MINS**  
**FROM £90.00**

Warm bamboo massage uses solid bamboo sticks of different lengths and diameters to massage the body. The sticks are gently warmed and applied to give deep and long massage strokes to break down tension and stretch tight muscles.



\* limited availability



# NATURAL SPA FACTORY TREATMENTS

The Natural Spa Factory's face and body range is crafted using the best that nature provides, free from parabens, SLS, MCI and MI, our products are especially great for even the most sensitive skins. No testing on animals, environmentally friendly packaging, and responsibly sourced ingredients, our products smell incredible. We offer high-quality, ingredient-rich skincare, empowering spas to thrive, offering customisable and bespoke treatments that breathe new life into therapists' services.

\*Treatment time includes consultation.



## ILLUMINATING GLOW FACIAL

**50 MINS  
FROM £70.00**

A facial for everyone, with ingredients that are known for leaving the skin looking more youthful and full of life. Our sensitive illuminate range is filled with actives to help reduce skin blemishes and age spots including an oil to lighten blemishes, even skin-tone and reduce appearance of age spots.

## LUXE GOLD FACIAL

**50 MINS  
FROM £80.00**

Our Luxe Gold Facial, has the indulgence of gold combined with nature's bounty to nourish, revive and brighten. With an antioxidant action to leave the skin more radiant and softened. These ingredients aid in the slowing down of the ageing process.

## FULL BODY RENEWAL SALT SCRUB

**50 MINS  
FROM £65.00**

This full body exfoliation removes dry and flaky skin, smoothing and finely polishing your skin. Leaving the body silky smooth, hydrated, and smelling skincredible.

## AB:SCENT FACIAL

**50 MINS  
FROM £70.00**

Designed for all skin types and concerns and perfect for those who are sensitive to fragrances and essential oils. This powerful range calms, soothes, hydrates and helps defend sensitive skin. With this light hydration and balancing properties, which will help the skin to truly glow.

## MAGNESIUM FACIAL

**50 MINS  
FROM £70.00**

Magnesium can help reduce common symptoms of menopause, difficulty sleeping, depression and anxiety. With an aromatic blend of 4 Essential Oils - designed for relaxation together with our Magnesium-enhanced products are known for calming and mood-boosting benefits, it soothes, reduces redness, lowers cortisol. With ingredients to hydrate and plump tired looking skin.

## BACK CLEANSING FACIAL

**50 MINS  
FROM £70.00**

Facial for the back, includes back cleanse, back exfoliation, back mask and back massage. Get ready to bare those shoulders and treat your back with a back treatment to buff away dull skin leaving a glowing radiance and noticeably less visible pores. Gain an even skin tone, with a feeling of soft, smooth and rejuvenated skin.

# FINISHING TOUCHES

## DELUXE MANICURE

**(Available Monday-Thursday Only)  
50 MINS  
FROM £45.00**

A deluxe Manicure which includes:

- Nails are beautifully shaped and cuticles are conditioned.
- Hands are exfoliated and moisturised during the hand massage,
- Nails are naturally buffed, no paint is included, this can be added onto the treatment

**Add Gel onto either your Manicure or Pedicure for an extra charge:  
£15.00 for Gel add-on  
£10.00 for Nail Lacquer add-on**

## DELUXE PEDICURE

**(Available Monday-Thursday Only)  
50 MINS  
FROM £50.00**

A deluxe Pedicure which includes:

- Toe nails are beautifully shaped and cuticles are conditioned
- Foot file and exfoliation, feet and legs are massaged
- Nails are naturally buffed, no paint is included, this can be added onto the treatment





# TREATMENT PACKAGES

## SERENITY RITUAL

MON – THU FROM £59.00  
FRI – SUN FROM £69.00

Choose 1 treatment of 25 minutes each from the following:

- Revive scalp massage
- Restoring back, neck & shoulder massage
- Back cleanse
- Mini facial

**Includes:**

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Afternoon Tea in the Lilley Brook Bar & Lounge  
(includes: scones, jam & cream, choice of tea or coffee)

Use of robes and towels  
(please bring appropriate footwear)

## INDULGENCE EXPERIENCE

MON – SUN FROM £99.00

Choose 1 treatment of 50 minutes each from the following:

- ELEMIS EXPERT™ touch facial
- ELEMIS EXPERT™ absolute face + body ritual
- ELEMIS EXPERT™ full body massage

**Includes:**

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Afternoon Tea in the Lilley Brook Bar & Lounge  
(includes: selection of chef's choice of sandwiches and scones, jam and cream and selection of cakes, choice of tea or coffee)

Use of robes and towels  
(please bring appropriate footwear)

## THE PERFECT TRIO

MON – SUN FROM £155.00

One 75min Treatment includes back neck shoulder, mini facial and a scalp massage

**Includes:**

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Afternoon Tea with a glass of prosecco in the Lilley Brook Bar & Lounge  
(includes: selection of chef's choice of sandwiches and scones, jam and cream and selection of cakes, choice of tea or coffee and a glass of prosecco)

Use of robes and towels  
(please bring appropriate footwear)

£10 towards Retail product purchase

## ESSENTIAL EXPERIENCE

MON – SUN FROM £89.00

Two 25min Treatments includes a choice of: back neck shoulder massage , mini facial, scalp massage, foot or hand soft pamper treatment.

**Includes:**

Afternoon Tea

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Use of robes and towels  
(please bring appropriate footwear)

## TWILIGHT PACKAGE

MON – SUN FROM £60.00

**Includes:**

Use of the gym, pool, jacuzzi, steam and sauna facilities from 17:30

£25.00 Dinner allocation for the Lake Side Restaurant  
(Latest Dinner booking time is 20:45)

A glass of prosecco

Use of robes and towels  
(please bring appropriate footwear)

20 % discount on Elemis products

## VITALITY RETREAT

MON – SUN FROM £55.00

**Includes:**

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Use of robes and towels  
(please bring appropriate footwear)

Afternoon Tea

20 % discount on Elemis products

20 % discount on Spa Treatment if booked directly with Revive Spa

**ADD ON A 25 MIN TREATMENT TO THE TWILIGHT PACKAGE FOR AN EXTRA £35.00 ON THURSDAY NIGHTS ONLY!**

25min options: back neck shoulder massage, mini facial, scalp massage, soft foot or soft hand pamper





# ACCOMMODATION TREATMENT PACKAGES

## ONE NIGHT DELUXE SIGNATURE SPA BREAK

**JAN - MAR | NOV - DEC**  
SUN - THU FROM £319.00  
FRI FROM £339.00 | SAT FROM £359.00  
**APR - OCT**  
SUN - THU FROM £329.00  
FRI FROM £349.00 | SAT FROM £369.00

**Includes:**  
One night bed and breakfast in a  
Deluxe double room

A delicious 2-course dinner in the  
Lakeside Restaurant

Afternoon Tea in Lilley Brook Bar &  
Lounge, lounge or terrace

Choice of 1 spa treatment of 50 minute  
OR 2 spa treatments of 25 minutes per  
person

Access to the gym, pool, jacuzzi, steam  
and sauna facilities

Robe, towel and slippers provided

20% off spa retail products

**Choose 1 treatment  
of 50 minutes from  
the following:**

- Full body massage
- Deluxe facial
- Indulgent foot pamper

**Choose 2 treatments  
of 25 minutes each from  
the following:**

- Mini facial
- Scalp massage
- Back, neck and shoulder massage
- Foot pamper
- Hand pamper

## ONE NIGHT SIGNATURE SPA BREAK

**JAN - MAR | NOV - DEC**  
SUN - THU FROM £279.00  
FRI FROM £299.00 | SAT FROM £309.00  
**APR - OCT**  
SUN - THU FROM £289.00  
FRI FROM £309.00 | SAT FROM £329.00

**Includes:**  
One night bed and breakfast in a  
Standard double room

A delicious 2-course dinner in the  
Lakeside Restaurant

Choice of 1 spa treatment of 50 minute  
OR 2 spa treatments of 25 minutes per  
person

Access to the gym, pool, jacuzzi, steam  
and sauna facilities

Robe, towel and slippers provided

20% off spa retail products



## SUNDAY SPECIAL BREAK

**JAN - MAR | NOV - DEC**  
SUN FROM £269.00  
**APR - OCT**  
SUN FROM £279.00

**Includes:**  
Overnight stay in a Standard room  
with breakfast

A three course dinner per person

Choice of 1 spa treatment of 50 minute  
OR 2 spa treatments of 25 minutes per  
person

Complimentary use of towels, robes  
and slippers

Use of the indoor pool, spa & gym

20% off Retail

**Choose 1 treatment  
of 50 minutes from  
the following:**

- Deluxe facial
- Deluxe foot pamper
- Deluxe hand pamper

**Choose 2 treatments  
of 25 minutes each from  
the following:**

- Mini facial
- Scalp massage
- Back, neck and shoulder massage
- Foot pamper
- Hand pamper

## SPA TWO NIGHT PACKAGE

**JAN - MAR | NOV - DEC**  
SUN - THU FROM £509.00  
FRI - SAT FROM £559.00  
**APR - OCT**  
SUN - THU FROM £529.00  
FRI - SAT FROM £559.00

**Includes:**  
Two night stay in a Standard room  
with breakfast

A three course dinner per person,  
per night

Choice of 1 spa treatment of 50 minute  
OR 2 spa treatments of 25 minutes per  
person

Complimentary use of towels, robes  
and slippers

Use of the indoor pool, spa & gym





# OUR GYM

Our state-of-the-art facility offers a wide range of equipment, group classes, and personal training sessions to suit all fitness levels.

Whether you're looking to build muscle, lose weight, unwind with a massage, or simply maintain a healthy lifestyle, our team of experienced trainers, therapists, and friendly staff are here to support you every step of the way.

Come in for a tour and see how Revive Leisure Club & Spa can become your fitness sanctuary and wellness retreat!

**GYM MEMBERSHIPS  
STARTING FROM £40.00**

## OUR CLASSES

### YOGA

Classes will include building strength in the core, balance in the body, as well as increasing flexibility and range of motion. Calm your mind, feel alive and revived.

### AQUA

The goal is health and fitness using the multi-directional resistance of water. This is a great class for all ages and fitness levels.

### HIIT

Every HIIT or High Intensity Interval Training workout class delivers intervals of intense cardio and/or strength exercises paired with active recovery. Improves cardiovascular fitness, increases speed and maximises calorie burn.

### PILATES

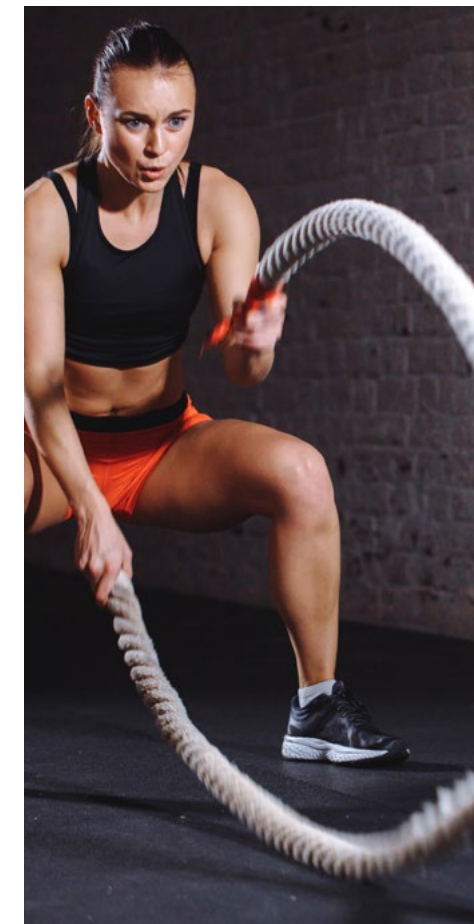
Mat-based Pilates class focuses on strength, stability, posture, proper breath control, and flexibility. Each class will work to balance all muscle groups' strength and flexibility.

### BOXERCISE

Boxercise is a high intensity interval training class based on boxing training.

### ZUMBA

Zumba® is an interval-style dance fitness party that combines low-intensity and high-intensity moves. You'll burn lots of calories as you move to the rhythm with Latin-inspired dance moves. The best part of it all is that it doesn't even feel like exercise!





# REVIVE

LEISURE CLUB & SPA

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**01242 229 297**  
**[beauty@doubletreecheltenham.com](mailto:beauty@doubletreecheltenham.com)**



**[revivecheltenham.co.uk](http://revivecheltenham.co.uk)**

Cirencester Road, Charlton Kings, Cheltenham, Gloucestershire, GL53 8EA