

PREPARE TO BE PAMPERED



BEAUTY TREATMENTS

ELEMIS EXPERTTM TOUCH FACIALS

Our globally renowned, hands-on facials treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. This is where intuition meets expertise.

ELEMIS EXPERT™ TOUCH NOURISH FACIAL

50 MINS £90.00

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

ELEMIS EXPERT™ TOUCH REVEAL FACIAL

50 MINS £90.00

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

ELEMIS EXPERT™ TOUCH RENEW FACIAL

50 MINS £90.00

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skinlifting massage techniques, complexion looks supremely hydrated, lifted and firm.

ELEMIS EXPERT™ TOUCH DEFINE FACIAL

75 MINS £100.00

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin.

ELEMIS EXPERTTM TECH FACIALS

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine works in combination with the therapist to turbo-charge your facial results.

ELEMIS EXPERT™ TECH RADIANCE + REVIVE FACIAL

50 MINS £95.00

Glow Revive tired skin with our advanced Ultrasonic Peel, teamed with Oxygen Infusion to plump and Galvanic technology to nourish, leaving your skin rebalanced, nourished and radiant.

ELEMIS EXPERT™ TECH SMOOTH + POLISH FACIAL

50 MINS £95.00

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, LED Light to re-energise and Galvanic technology to nourish, revealing bright, polished and smooth skin.

ELEMIS EXPERT™ TECH LIFT + REJUVENATE FACIAL

50 MINS £95.00

Restore your skin's vitality with our targeted Microcurrent technology for the ultimate skin lift, Ultrasonic Peel to gently exfoliate, and Oxygen Infusion to plump. Skin will appear renewed, toned and lifted.

COURSE OF 3 X ELEMIS EXPERT™ TECH FACIALS

COURSE OF 6 X ELEMIS EXPERT™ TECH FACIALS

COURSE OF 10 X ELEMIS EXPERT™ TECH FACIALS

£513.00

£270.00

£807.00

ELEMIS EXPERT™ BODY TREATMENTS

ELEMIS EXPERT™ DEEP TISSUE TENSION-EASE MASSAGE

25 MINS £65.00 50 MINS £100.00

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed.

ELEMIS EXPERT™ ABSOLUTE FACE + BODY RITUAL

50 MINS £110.00 100 MINS £180.00

Immerse yourself in luxury with this tailored treatment.

50MINS INCLUDES:

25 min Expert Touch Facial and 25 min Deep Tissue Tension Ease Back Massage.

110MINS INCLUDES:

50min Expert Touch Facial and 50 min Deep Tissue Tension Ease Massage.

ELEMIS EXPERT™ PEACEFUL PREGNANCY MASSAGE*

50 MINS £90.00

This tranquil and restorative mother-tobe massage deeply hydrates skin that is expanding to accommodate your growing baby.

REVIVE SIGNATURE TREATMENTS

REVIVE SIGNATURE TREATMENT

75 MINS £100.00

A tailored treatment designed to target areas of tension and leaves the body de-stressed and relaxed. Targeting the back, neck and shoulders followed by a foot and scalp massage.

REVIVE BODY RITUAL

75 MINS £105.00

Revive and refresh tired skin with this treatment designed to leave skin radiant and brightened. Featuring an aromatic foot ritual with full body exfoliation followed by a back neck shoulder massage.

REVIVE SCALP MASSAGE

25 MINS £55.00

Using a warm blend of oil to hydrate and nourish both hair and scalp. This is then followed by massage techniques to assist with releasing tension from the head, neck and décolleté area.

REVIVE MASSAGE TREATMENTS

TRANQUIL FULL BODY MASSAGE

50 MINS £95.00

A full body tailored massage designed to restore balance and relax muscles, helping improve circulation; this massage will ease you into a tranquil state.

RESTORING BACK NECK SHOULDER MASSAGE

25 MINS £60.00

This massage is designed to specifically focus on problematic areas to release any tension from the back, neck and shoulder areas.

WARMING BAMBOO MASSAGE*

50 MINS £100.00

Warm bamboo massage uses solid bamboo sticks of different lengths and diameters to massage the body. The sticks are gently warmed and applied to give deep and long massage strokes to break down tension and stretch tight muscles.



* limited availability

NATURAL SPA FACTORY TREATMENTS

The Natural Spa Factory's face and body range is crafted using the best that nature provides, free from parabens, SLS, MCI and MI, our products are especially great for even the most sensitive skins. No testing on animals, environmentally friendly packaging, and responsibly sourced ingredients, our products smell incredible. We offer high-quality, ingredient-rich skincare, empowering spas to thrive, offering customisable and bespoke treatments that breathe new life into therapists' services.

ILLUMINATING GLOW FACIAL

50 MINS £80.00

A facial for everyone, with ingredients that are known for leaving the skin looking more youthful and full of life. Our sensitive illuminate range is filled with actives to help reduce skin blemishes and age spots including an oil to lighten blemishes, even skin-tone and reduce appearance of age spots.

LUXE GOLD FACIAL

50 MINS £90.00

Our Luxe Gold Facial, has the indulgence of gold combined with nature's bounty to nourish, revive and brighten. With an antioxidant action to leave the skin more radiant and softened. These ingredients aid in the slowing down of the ageing process.

TAILORED FULL BODY WRAP

50 MINS £105.00

This wrap will cocoon you in its amazing scent and help the breakdown and drainage of fats for firmer skin. Packed with a wealth of minerals such as magnesium and zinc which are great for detoxifying and cleansing the skin. Leaving your skin feeling smooth and full of life.

FULL BODY RENEWAL SALT SCRUB

50 MINS £75.00

This full body exfoliation removes dry and flaky skin, smoothing and finely polishing your skin. Leaving the body silky smooth, hydrated, and smelling skincredible.

AB:SCENT FACIAL

50 MINS £80.00

Designed for all skin types and concerns and perfect for those who are sensitive to fragrances and essential oils. This powerful range calms, soothes, hydrates and helps defend sensitive skin. With this light hydration and balancing properties, which will help the skin to truly glow.

MAGNESIUM FACIAL

50 MINS £80.00

Magnesium can help reduce common symptoms of menopause, difficulty sleeping, depression and anxiety. With an aromatic blend of 4 Essential Oils - designed for relaxation together with our Magnesium-enhanced products are known for calming and mood-boosting benefits, it soothes, reduces redness, lowers cortisol. With ingredients to hydrate and plump tired looking skin.

BACK CLEANSING FACIAL

50 MINS £80.00

Facial for the back, includes back cleanse, back exfoliation, back mask and back massage. Get ready to bare those shoulders and treat your back with a back treatment to buff away dull skin leaving a glowing radiance and noticeably less visible pores. Gain an even skin tone, with a feeling of soft, smooth and rejuvenated skin.

FINISHING TOUCHES

DELUXE MANICURE

(Available Monday-Thursday Only) 50 MINS £60.00

A deluxe Manicure which includes: hands and cuticles are conditioned and moisturised during the hand massage, nails are beautifully shaped and finished with nail polish.

DELUXE PEDICURE

(Available Monday-Thursday Only) 50 MINS £60.00

A deluxe Pedicure which includes: foot file and exfoliation, feet and legs are massaged with conditioning creams, cuticles are groomed and toe nails are shaped and finished with nail polish.

SPA PACKAGES

SERENITY RITUAL

Mon - Thu £59.00

Choose 1 treatment of 25 minutes each from the following:

- Revive scalp massage
- Restoring back, neck & shoulder massage
- Full body renewal salt scrub
- Mini facial

Includes:

4 hour access to the use of the gym, pool, jacuzzi, steam and sauna facilities

Cream Tea in the Lilley Brook Bar & Lounge

Use of robes and towels

INDULGENCE SPA DAY

Mon - Sun £99.00

Choose 1 treatment of 50 minutes each from the following:

- ELEMIS EXPERT™ touch facial
- ELEMIS EXPERT™ absolute face + body ritual
- ELEMIS EXPERT™ full body massage

Includes:

Full day use of the gym, pool, jacuzzi, steam and sauna facilities

Afternoon Tea in the Lilley Brook Bar & Lounge

(includes: selection of chef's choice of

Use of robes and towels

THE PERFECT TRIO

Mon - Sun £115.00

One 50min Treatment includes a Mini Facial with a scalp massage and a luxury leg and foot treatment.

Includes:

Full day use of the gym, pool, jacuzzi, steam and sauna facilities

Afternoon Tea with a glass of prosecco in the Lilley Brook Bar & Lounge

(includes: selection of chef's choice of

Use of robes and towels

£10 towards Retail product purchase

TWILIGHT PACKAGE

Mon - Sun £60.00

Includes:

Use of the gym, pool, jacuzzi, steam and sauna facilities from 18:00

£25.00 Dinner allocation for the Lake Side Restaurant

A glass of prosecco

Use of robes and towels

20 % discount on Spa retail products

Includes:

Full day use of the gym, pool, jacuzzi, steam and sauna facilities

Use of robes and towels

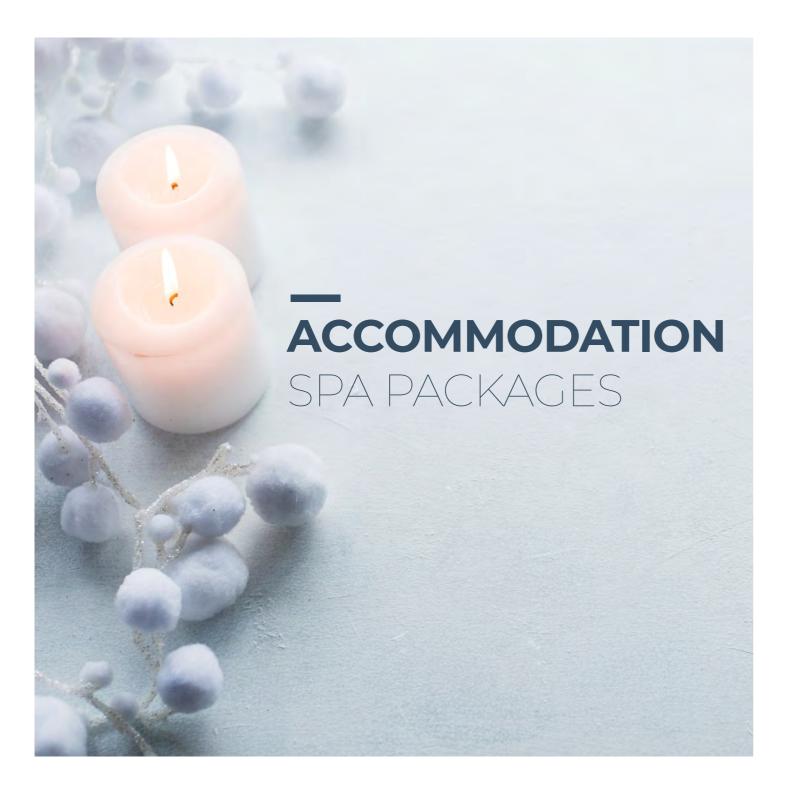
£20.00 Lunch allocation in the Lilley Brook Bar & Lounge

20 % discount on Spa retail products

20 % discount on Spa Treatment if booked directly with Revive Spa

VITALITY RETREAT

Mon - Thu £55.00



ONE NIGHT DELUXE SIGNATURE SPA BREAK

Mon-Thu £332.00 Fri £349.00 Sat £369.00 Sun £314.00

Includes:

One night bed and breakfast in a Deluxe double room

A delicious 2-course dinner in the Lakeside Restaurant

Afternoon Tea in Lilley Brook Bar & Lounge, lounge or terrace

Choice of 1 spa treatment of 50 minute OR 2 spa treatments of 25 minutes per person

Access to the gym, pool, jacuzzi, steam and sauna facilities

Robe, towel and slippers provided

20% off spa retail products

ONE NIGHT SIGNATURE SPA BREAK

Mon-Thu £302.00 Fri £320.00 Sat £342.00 Sun £280.00

Includes:

One night bed and breakfast in a Standard double room

A delicious 2-course dinner in the Lakeside Restaurant

Choice of 1 spa treatment of 50 minute OR 2 spa treatments of 25 minutes per person

Access to the gym, pool, jacuzzi, steam and sauna facilities

Robe, towel and slippers provided

20% off spa retail products



Choose 1 treatment of 50 minutes from the following:

- Full body massage
- Deluxe facial
- · Indulgent foot pamper

Choose 2 treatments of 25 minutes each from the following:

- · Mini facial
- Scalp massage
- · Back, neck and shoulder massage
- Foot pamper
- · Hand pamper





OUR CLASSES ₹

YOGA

Classes will include building strength in the core, balance in the body, as well as increasing flexibility and range of motion. Calm your mind, feel alive and revived.

PILATES

Mat-based Pilates class focuses on strength, stability, posture, proper breath control, and flexibility. Each class will work to balance all muscle groups' strength and flexibility.

AQUA

The goal is health and fitness using the multi-directional resistance of water. This is a great class for all ages and fitness levels.

BOXERCISE

Boxercise is a high intensity interval training class based on boxing training.

HIIT

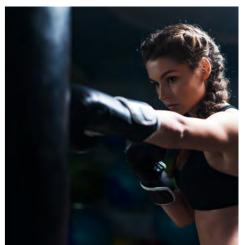
Every HIIT or High Intensity Interval Training workout class delivers intervals of intense cardio and/or strength exercises paired with active recovery. Improves cardiovascular fitness, increases speed and maximises calorie burn.

ZUMBA

Zumba® is an interval-style dance fitness party that combines lowintensity and high-intensity moves. You'll burn lots of calories as you move to the rhythm with Latin-inspired dance moves. The best part of it all is that it doesn't even feel like exercise!









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